

Stories written because of you.



Thank you.

Children's Developmental Services



Every child deserves the opportunity to play, create, and imagine. EG and her mom recently spent an afternoon at the Children's Museum – a season pass for EG and her family was made possible because of donations. EG and her mom played dress up all afternoon. The whole family will benefit from this opportunity to play and learn together.

EG's Mom: "I was so surprised because she never smiles. It was absolutely amazing to see her light up and smile."

BJ has always loved to ride a bike. Her wish was to have her own bike and join a cycling club. Your donation made that wish come true for BJ. Her cycling club dues were funded by donors and her bicycle was funded through a program of the Commonwealth Community Trust.

BJ now has a new path for health and wellness and a new opportunity to meet other young people with the same interests.



JV loves to dance. Through your donations, JV received the opportunity to participate in dance classes with Miracles in Motion – a dance studio for all abilities. Participating in social activities with typically developing peers is a gift for all involved.

JV's Mom: "Thank you for the dance class. JV had so much fun dancing and seeing her friends. She was so happy and tired each day."

Children's Developmental Services (CDS) at RBHA supports children with developmental and intellectual disabilities, ages 3 – 22 years, and their families. For many of the children and families we serve, the cost of community activities often means these children miss opportunities and occasions for inclusion and social connectedness. Your donation really does change lives. These are just a few stories of the impact of your donations.

The value of your donation is far more than monetary – it's a gift of opportunity, of belonging, of inclusion, of joy.

Assertive Community Treatment

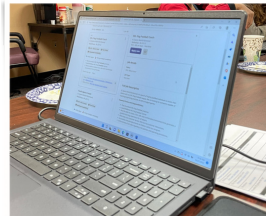
The onset of schizophrenia and schizoaffective disorder is most often in the mid- to late- 20s, when individuals have begun living their adult lives: they have a job, they have their first apartment, they may have started a family. It's a devastating and life-changing diagnosis.

RBHA's Assertive Community Treatment (ACT) is an intensive, community-based program to support and to provide treatment to individuals with serious mental illness such as schizophrenia or schizoaffective disorder.

The ACT Team works to provide tools and opportunities for individuals to learn to manage their mental health and their independence. Individuals set goals for all areas of their life such as educational and vocational goals; finding safe, affordable housing; and, strengthening their independent living skills.

Working toward these goals is nearly impossible to do without a computer. As with many of the individuals we serve, purchasing a personal computer or laptop is not a financial option – creating a significant barrier to moving forward in their life.

Your donations have removed this barrier - allowing the ACT Team to create a space with computers and support which *encourages* individuals to work toward their goals. Individuals now have the tools to search for employment and submit job applications, they can look for available housing in their neighborhoods, they can make connections in the community where they couldn't before.



The value of your donation is far more than monetary – it's a gift of empowerment, purpose, dignity, and hope.

Children's Services Center

Checking in to a treatment center can be scary for adults – imagine being a young child in this new and unfamiliar environment. Creating a space where these children feel welcome, safe, and loved is a priority for the staff at the Women's Residential Treatment Center (WRTC) and the Children's Services Center (CSC) at RBHA North Campus.

“We want the children to feel like someone is here waiting for them.” Olympia Tupko, Program Supervisor CSC

Through donations and volunteer giving, each child entering WRTC receives a bookbag full of age and developmentally appropriate toys, books, and activities; personal care items and bath towels; and, diaper bags full of necessary items for babies and new mothers. Donations also bridge the gap to providing inclusive, community experiences for children to learn, grow, and develop. The children and mothers have the opportunities to create new bonds and establish healthy relationships, together.



WRTC is one of only three residential substance use treatment facilities in Virginia that allows children to accompany their mothers in treatment. This critical time of transformation, healing, and development is also the time to build healthy attachments, learn and practice healthy parenting, and expose mothers and children to new and different experiences. We can do more because of you.

The value of your donation is far more than monetary – it's a gift of connection, acceptance, encouragement, and trust.

Adult Mental Health Case Management

Can \$10 really change a life? Yes, it can.

RBHA's Adult Case Management is the largest service area at RBHA, serving between 1,500 - 1,800 at any given time. Case management services focus on assisting individuals with accessing treatment and support services for behavioral, emotional, psychiatric, social, and medical needs. Additionally - and comprehensively - case managers also assist individuals with housing, employment and vocational goals, transportation, education, whatever the need of the individual.

While RBHA will not turn away a person seeking treatment because they do not have state-issued identification, almost every other resource is dependent on an individual having proper identification.

\$10 is the cost of a Virginia-issued identification card.

\$10 is the cost to open doors to housing, employment, education, insurance, registering to vote - virtually everything a person needs to live an engaged, productive life. For thousands of the people we serve, \$10 is not immediately accessible.

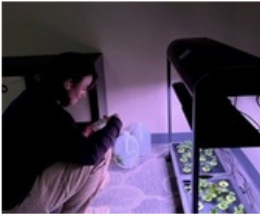


Through your donations - and assistance from RBHA Case Managers in navigating the system to secure identification cards - this vital resource is now a possibility for hundreds of people we serve.

The value of your donation is far more than monetary – it's a gift of access, independence, and self-sufficiency.

REACH Adult Crisis Therapeutic Home

Research supports that engaging in horticulture activities can positively impact mental health.



REACH is a regional program operated by RBHA. This program supports individuals with developmental disabilities who are at risk of crisis due to challenging behavioral health needs negatively impacting their quality of life. REACH provides home-based, community-based, and short-term residential services.



The Adult Crisis Therapeutic Home (CTH) is one component of the REACH array of programs. At the CTH, staff facilitate a daily group for guests called *Healthy Cooking*, teaching cooking skills and proper nutrition.



The newest addition of an indoor hydroponic growing system has allowed guests to incorporate growing their own food for preparation as well as develop new skills around sowing, cultivating, and harvesting vegetables.

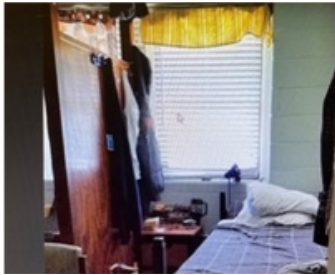
Horticulture and gardening are therapeutic paths to health, wellness, and recovery. From the obvious benefits of eating healthy foods to the maybe not-so-obvious benefits of learning new skills, working as a team, developing patience, and caring for something outside yourself, this therapeutic addition to the CTH has sparked interest and opportunity for CTH residents.

The value of your donation is far more than monetary – it's a gift of encouragement, accomplishment, and pride.

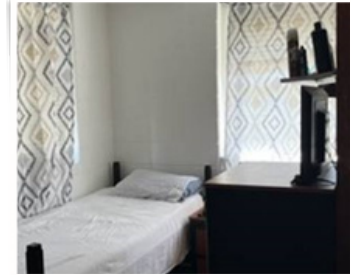
North Campus Alumni House

Having a safe, structured living environment is important for long-term success in recovery from alcohol and drugs. Not everyone we serve at North Campus has this option available to them upon completion of residential treatment. The North Campus Alumni House provides this supportive environment for men who have successfully completed residential treatment but still need time to work on additional life goals.

Residents are able stay at the Alumni House for up to twelve months as they continue to work toward educational/vocational goals, securing employment, and locating stable housing. While residing at the Alumni House, the residents also learn independent living skills such as cooking, cleaning, bill paying, and keeping a schedule.



BEFORE



AFTER

Your support has helped the residents at the Alumni House to make improvements in their living space and purchase needed items (i.e., dishes, bed linens, cookware, and 2 computers) to make the final steps toward a healthy, drug-free, independent, engaged life. The residents take pride in their space and in their personal accomplishments.

The value of your donation is far more than monetary – it's a gift of support, confidence, and hope.

Sometimes your donation supports a service provided through Richmond Behavioral Health Authority (RBHA) where there is a gap in funding.

Sometimes your donation supports activities and opportunities that enhance treatment outcomes for individuals and families receiving services.

Sometimes your donation supports opportunities for inclusion and social connection.

Your donation ALWAYS makes an impact in someone's life.

Whether it's \$5 or \$5,000, your donation matters.

We thank you.